

PE Whole School Long Term Plan 2021/2022



EYFS/KS1

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	▪ Introduction to PE Unit 1	▪ Introduction to PE Unit 2	▪ Fundamentals Unit 1	▪ Ball Skills Unit 1	▪ Gymnastics Unit 1	▪ Dance Unit 1 ▪ Games Unit 1
Year 1 Indoor	▪ Fitness	▪ Fundamentals	▪ Dance	▪ Gymnastics	▪ Team Building	▪ Yoga
Year 1 Outdoor	▪ Invasion Games	▪ Striking and Fielding	▪ Ball Skills	▪ Net and Wall	▪ Sending and Receiving	▪ Athletics
Year 2 Indoor	▪ Fitness	▪ Dance	▪ Fundamentals	▪ Striking and Fielding	▪ Team Building	▪ Target Games
Year 2 Outdoor	▪ Gymnastics	▪ Invasion Games	▪ Ball Skills	▪ Net and Wall	▪ Sending and Receiving	▪ Athletics

LKS2

Year 3 Indoor	Gymnastics	▪ Fundamentals	▪ Dance	▪ Uni-Hockey	▪ Yoga	Rounders
Year 3 Outdoor	▪ Dodgeball	▪ Ball Skills	▪ Swimming	▪ Swimming	▪ Cricket	▪ Athletics
Year 4 Indoor	▪ Gymnastics	Multi-Skills	Basketball	▪ Dance	▪ Handball	▪ Cricket
Year 4 Outdoor	▪ Swimming	▪ Swimming	▪ Football	▪ Tennis	▪ OAA	▪ Athletics

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UKS2

Year 5 Indoor	▪ Ball Skills	Basketball	▪ Dance	Badminton	Gymnastics	Golf
Year 5 Outdoor	▪ Tag Rugby	▪ Hockey	▪ OAA	▪ Netball	▪ Cricket	▪ Athletics
Year 6 Indoor	▪ Handball	▪ Rounders	▪ Yoga	Dance	Gymnastics	Multi-Skills (Ultimate Frisbee, Golf, Volleyball)
Year 6 Outdoor	▪ Fitness	▪ Hockey	▪ Football	▪ Basketball	▪ Tennis	▪ Athletics

Change for 2022/2023:

- Year 2 – Striking and Fielding and Gymnastics
- Year 3 – Fitness
- Year 4 – A1 Gymnastics
- Year 5 – A1 Indoor

Key:

	Units taught by MVMNT
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